

# Experience a New Journey to rest and heal your Spirit, Soul and Body

Open Daily 9am - 6pm

242-363-1218 info.amberspa@warwickhotels.com www.amberdayspa.com

WARWICK PARADISE ISLAND Harbour Drive, Paradise Island, Bahamas

# **Facials**

Experience a Holistic Approach to Health with Our Facial Treatments. Our facials provide a comprehensive approach to wellness, offering a range of treatments that include cleansing, exfoliation, extractions, and massages. Additionally, every facial comes with a warm hand treatment and heated neck pillow to add an extra layer of luxury.

#### Hydro Boost

#### I 60min \$160

A revolutionary facial to help skin recover from internal and external dehydration. The complexion will look visibly fresher and velvety-soft through our innovative main ingredient, Hygroplex, which is an active complex that regulates your skin's moisture balance.

#### Skin Clear

#### I 60min \$170

Treat blemished and congested skin with deep pore cleansing, removing impurities and dead skin cells, visibly enhancing and permanently improving the skin condition. This will give the skin a clearer and fresher complexion.

#### Organic Facial

#### |60min \$160

The effective Swiss natural and organic raw materials skin care for all skin type and suitable for sensitive skin prone to irritations. Organic ingredients protect the skin against negative environmental influences, preserve moisture, sooth the appearance of the skin, and maintain freshness and elasticity.

#### Vitamin Power

#### 180min \$180

The Vitamin Power Facial has a potent combination of anti-oxidants, vitamins A, C, & E. Through a specialized encapsulation technique; it supports the micro circulation of the skin and reverses the damaging effects of environmental UV radiation, pollution and stress

#### Phyto Deluxe Lifting

#### I 80min \$190

#### - The Golden Point of Beauty

Amber Spa's most luxurious facial experience incorporates Swiss apple stem cells and comfrey extracts to combat premature skin aging. The result is a maximum degree of firmness and intensive lifting.

#### BIOME+™ Micro-Xfoliation

#### I 80min 220

Rejuvenate, Balance and Nourish. This skin-nurturing and microbiomefriendly treatment harnesses the power of micro exfoliation (Nano needling exfoliation technology) and enzymatic peel exfoliation to achieve superior results with IMAGE products. Features Bt-titan® MN model AE with Nano cartridges technology.

#### **Amber Express**

#### **Express Facial**

#### 130min \$120

Refresh your skin for an instant glow. This facial includes cleansing, exfoliation, mask, hydration and a soothing facial massage.

#### Focus Massage

#### 130min \$97

Your therapist will focus on stressed zones followed by a hot towel treatment.

# Massage

The Amber Spa massage program will detoxify, soothe, heal and restore your body and soul with our luxurious silk eye pillow, heated neck pillow, and aromatherapy

### Amber Favorite

160min \$205 190min \$260

Start with a Swedish massage, followed by a deep tissue massage and a pressure point massage, and finish with hot stone. This amazing, holistic experience will release stress and tension from the body and mind.

Swedish

l 60min \$162 l 90min \$216

Pure relaxation with our soothing, gentle pressure on areas of tension and stress to energize and restore vitality.

#### Deep-Tissue/Sports

160min \$178 190min \$233

This invigorating massage focuses on bodywork techniques which uses deeper pressure to relieve muscular tension.

#### Ultimate Amber Experience

190min \$205

This moist heat therapy provides a deeper muscle penetration to soothe and relieve stiff and sore muscles. Followed by a 30min back massage, a soothing leg treatment along with 30min foot massage.

#### Deluxe Amber Experience

190min \$235

This delightful experience includes a 30 minute back massage, followed by a 30minutes Express Facial and 30mins Foot Massage.

#### Mother To-Be

|60min \$162

Get pampered with our natural products to relieve the common discomforts associated with pregnancy.

#### Foot Ritual

|60min \$162

Treat your feet and lower legs to this rejuvenating massage that incorporates reflexology techniques to improve blood circulation along with an aromatherapy paraffin dip.

\*All treatments are available for singles and couples.\*

#### In-Suite Massage

Let us bring the spa to you. Relax your spirit, soul, and body in the comfort of your hotel room. \$50 Surcharge per guest. Choose from any of our massages above. Let us bring the spa to you. Relax your spirit, soul, and body in the comfort of your hotel room.

# Therapeutic Enhancements

Enhance Your Spa Experience with Our Relaxation Treatments. Our treatments are designed to promote relaxation, harmony of spirit, soul and body, and boost your overall well-being and self-confidence. Feel free to choose from a wide range of treatments and add them to your massage, facial or salon services.

#### Add-ons

#### Mini-Head Spa

|30min \$87

A traditional pressure point massage on your head, neck and shoulders. This Massage heals the whole body and mind, not just prevailing symptoms.

#### Swiss Flower Body Polish

|30min \$87

Enjoy a gentle exfoliation with our Swiss flower scrub, along with a a nourishing body oil. The relaxing scents will bring vitality to the body and your skin will be polished and smoothed to a glow.

#### Anti-Aging Body Wrap

|30min \$87

A full-body treatment that helps prevent premature skin aging and accelerates skin regeneration through our firming and toning techniques.

#### Green Tea Detox Body Wrap

|30min \$87

This purifying and detoxifying full body treatment includes dry body brushing and herbal mask to bring balance and moisture to your skin. This treatment is also perfect for acne prone skin as it soothes and promotes healing for breakouts or blemishes.

#### Shape and Firm Treatment

|30min \$108

Refine and firm the contours of your body with the application of the high performance Iso Slim Firming Lotion, which stimulates fat breakdown and improves skin quality in the problem areas such as the arms, legs, thighs, buttocks and hips.

#### Private Aromatic Bath Soak

30min \$40 (per person)

Add a glass of champagne w/ chocolate covered strawberries for additional \$30

#### Add-ins

Aromatherapy	\$25
Hot Stone Therapy (Full Body)	\$45
Hot Stone Therapy (Partial)	\$25
Cupping Therapy	\$45

#### **Couples Retreat**

Treat yourselves to an unforgettable experience in our luxurious VIP Suite. Enjoy a 30-minute Aromatic Bath Soak, accompanied by a glass of champagne and chocolate-covered strawberries. Then, choose between a 60 or 90 minute massage to complete your lavish retreat. For an additional 10% discount, add a 60/80-minute facial or manicure/pedicure. All prices quoted are for two people.

 Swedish Massage
 |1hr. 30min \$379

 |2hrs.
 \$475

Deep Tissue/ Sports Massage |1 hr. 30min \$411 | 2hrs. \$540

Mmber Favorite Massage |1 hr. 30min \$465

# **Amber Experience**

Transform your body and soul with our Amber Experience. Our top-notch detoxification, soothing, healing and restorative techniques are guaranteed to leave you feeling refreshed and revitalized. Add a 90-minute massage or include a manicure or pedicure in your package, you'll receive a 10% discount.

Hydrate | 2hrs 30min. \$328

Begin your journey by polishing your body to a glow with our Swiss Flower Body Polish, followed with pure relaxation through the gentle pressure of the Swedish massage to melt away bodily stress and tension. Finish this with a delight in the moisture-boosting effect of our Hydro Boost Facial.

- Swiss Flower Body Polish 30min.
- Swedish Massage 60 min
- Hydro Boost Facial 60 min.

Detox | 2hrs 30 min. \$356

Melt away the negative effects of everyday stress and bask in this head-totoe experience, which will leave your face and body feeling cleansed and purified.

- Green Tea Detox Treatment 30 min.
- Aromatherapy Massage 60min.
- Skin Clear Facial 60min.

Energy | 2hrs 30 min. \$357

Experience visible results from our silk firming body treatment which tightens and firms the skin combined with a complete soothing of overworked and tired muscles through our Deep Tissue massage, followed by the revitalization with the nourishing ingredients (Vitamin A, C & E) used in our organic facial.

- Silk Firming Body Treatment 30 min
- Deep Tissue Massage 60 min.
- Organic Facial 60 min.

Glow | 3hrs \$378

Emerge radiant from our luxurious Anti-Aging face and body treatments, followed by our Amber Favorite Massage, which will finish with hot stones to complete the utmost healing experience.

- Anti-Aging Body Treatments 30 min.
- Amber Favorite Massage 60 min.
- Vitamin Power Facial 80 min.

#### Mermaids' Lookout

Experience a calming outdoor massage under the 'Mermaid Lookout' Pavilion on the harbor, surrounded by the refreshing Bahamas sea breeze.

Swedish Massage | 50mins \$145 | 80mins \$195

Deep-Tissue/Sports Massage | 50mins \$160 | 80mins \$210

> | 50mins \$185 | 80mins \$235

& Amber Favorite

\*By appointment only as single or couples services/ Available daily between 11am – 4pm.\*

# **Nails**

Classic Manicure | 40mins \$58
Pedicure | 40mins \$75

Relax your soles or palms with this calming treatment. Includes a hot towel treatment, nail buffing, shaping, cuticle grooming, and complete with lacquer.

Amber Ultimate Manicure | 50mins \$75 Pedicure | 60mins \$105

This ultimate experience includes all mentioned in the Classic manicure/pedicure with the addition of an invigorating exfoliation, callus treatment (pedicure), silky milk mud mask and paraffin treatment

PolyGel Full Set | 80mins \$150 Fills | 45mins \$120

An odorless alternative to acrylic. A PolyGel full set delivers strong, flexible and feather light long-lasting nails.

#### Jelly Pedicure

| 60mins \$90

Stimulate your nerves and relieve tired, aching feet and legs. Includes a hot stone massage and aromatherapy hot towel treatment.

#### Nail Enhancements

Paraffin Dip (hands/feet)	\$20
Gel Polish Enhancement	\$20
Polish Change (hands/feet)	\$35
French Polish (hands/feet)	\$15
Gel Polish Removal (hands/feet)	\$25
OPI Dip Powder	\$35

# Hair

Intense Hair Conditioning Treatment Shampoo and style (includes blow dry) Special Hair Style Request Flat or curling iron only Hair braiding/locks reconstruction \$25 from \$55 by consultation by consultation by consultation

# <u> Waxing</u>

We use all natural wax that contains azulene oil, an extract from the chamomile plant, which is recommended for all skin types. All procedures are followed by a pure Aloe Vera gel to soothe and reduce irritation.

Face	Lip Chin Eyebrows Full Face	\$32 \$32 \$32 \$120
Bikini	Basic French Brazilian	\$59 \$75 \$91
Leg	Half Full	\$59 \$85
Arm	Under Full	\$48 \$54
Body	Back Chest Stomach	\$97 \$70 \$38

### Make up Artistry

Basic Makeup Application	\$90
Special Occasion Makeup Application	I\$150

<sup>\*</sup>All hair services are subject to quotation at the discretion of the stylist. Prices are subject to change\*. A 50% non-refundable deposit is required at booking.

### **Conditions**

#### Reservations

Amber Spa requires a 50% deposit or full payment at the time of booking. All spa promotions, couples retreat, and packages require FULL PAYMENT at the time of booking and are NON-Refundable.

We suggest that you arrive 30 minutes before your scheduled treatment so that you can relax and begin your journey with the 'Amber Experience'

#### Late Arrivals

All spa appointments are scheduled so that you can enjoy each service for as long as possible. If you arrive late, we may not be able to provide you with your full treatment. If possible, we will always be able to accommodate you. Your treatment will only be provided for the remaining time of your scheduled appointment. You will be liable for the full cost of your treatment. Our policy allows us to change open appointment times to accommodate other guests who are on our waiting lists. Please note that our staff work by appointment only.

#### Cancellations

If you need to cancel your appointment, please inform the Spa at least 4 hours in advance to avoid being charged FULL PRICE for your treatment to the credit card provided when booking your services.

#### Service Charge and Tax

Menu prices are INCLUSIVE of the 10% Value Added Tax (VAT) and Service Charge. Your service provider receives 100% of the service charge. Additional gratuities may be added at your discretion in appreciation of an exceptional service. Prices and services are subject to change without notice

#### **Medical Conditions**

When you arrive, you will be asked to fill out a form providing important medical information.

#### Retail Purchase Policy

Unopen products may be exchanged within 14 days of purchase along with the original receipt. We cannot exchange opened products.

#### Minimum Age Requirements

Warwick Paradise Island All-Inclusive is an 'Adult Only' resort therefore all spa guest are required to be 18 years or older to receive treatments or utilize the spa facilities.

#### In-Suite Massage/ Mobile Services

Let us bring the spa to you. Relax your spirit, soul, and body in the comfort of your hotel room or home. See spa for details. Additional fees apply for mobile services.

#### SPArty Group Events

If you are looking to enjoy a spa group getaway, we have the perfect package for you. We customized specific packages to your group's requirements and cater to groups of 6-20 persons. Please contact the spa at info.amberspa@warwickhotels.com for more information.

#### Security

If you are staying at the Resort, please leave valuable items in the safe in your guestroom. Lockers are available for your personal items in the Spa. The spa will not assume any liability for valuables. perfect package for your needs. We customized specific packages to your group's requirements and cater to groups from 6-20 individuals. Please contact the spa at info.amberspa@warwickhotels.com for more information.